

OPTIONAL BENEFIT

Recovery and Complementary Care Endorsement

THIS OPTIONAL BENEFIT ENDORSEMENT CHANGES YOUR TRUPANION POLICY. PLEASE READ THIS DOCUMENT CAREFULLY AND KEEP IT WITH YOUR POLICY BOOKLET.

For an additional premium and when your Certificate of Insurance shows you have this Optional Benefit, this **RECOVERY AND COMPLEMENTARY CARE ENDORSEMENT** applies and your policy coverage is extended to include the following:

1. REHABILITATIVE THERAPY

Rehabilitative therapy is the use of therapeutic exercises and other healing modalities to help pets recover from acute and chronic health conditions resulting from illness, trauma, or surgery. It must be recommended by your veterinarian and provided by or under the direct supervision of a veterinarian.

2. ACUPUNCTURE

The insertion of needles into specific points on the body to cause a desired healing effect provided by or under the direct supervision of a veterinarian.

3. HYDROTHERAPY

Hydrotherapy involves the use of water to aid in the healing and/or conditioning of a patient. Pets either swim in a pool or tank for prescribed periods of time or walk on an underwater treadmill. Hydrotherapy is used in the treatment of osteoarthritis, orthopaedic conditions, neurological conditions, and muscle, ligament, and other soft tissue injuries. It must be recommended by your veterinarian and provided by or under the direct supervision of a veterinarian.

4. CHIROPRACTIC

Chiropractic adjustments include spinal manipulation and/or manual therapy recommended and performed by a veterinarian.

5. BEHAVIOURAL MODIFICATION AND THERAPY

A systematic approach to changing behaviour, including a pet's reaction to a situation, a person, a thing, an animal, etc., provided by or under the direct supervision of a veterinarian.

6. HOMEOPATHY

A system of health care that concentrates on care of the whole animal by methods that are specific, gentle, and sympathetic to the body's needs. Homeopathy is based on the utilisation of specially prepared, refined dilutions of natural substances intended to trigger a healing response in a patient. Homeopathic care must be provided by or under the direct supervision of a veterinarian.

7. NATUROPATHY

Naturopathy is a system of treatment for disease that avoids drugs and surgery and emphasizes the use of natural agents (air, water, and herbs) and physical means (tissue manipulation and electrotherapy). Naturopathy is a holistic approach founded on the belief that diet, mental state, exercise, breathing, and other natural factors are central to the origin and treatment of disease. Most naturopathic doctors use a variety of therapies and techniques (such as nutrition, behaviour change, herbal medicine, homeopathy, and acupuncture). Naturopathic care must be provided by or under the direct supervision of a veterinarian.

All other policy provisions apply.